

I N D I A N A W I C

*You are invited to
participate in a*

***Regional
Networking
Opportunity***

*to address the
Healthy People 2010
Breastfeeding Goals*

- *Early postpartum 75%*
- *At 6 months 50%*
- *At 12 months 25%*
- *Exclusively through 3 months 40%*
- *Exclusively through 6 months 17%*

For more information

or to register contact

Marilyn Wilson

Wayne County WIC

Breastfeeding Coordinator

765-983-8185

Marilyn.Wilson@centerstone.org

OR

Indiana WIC State Breastfeeding
Coordinator

Darlene Matz

765-420-9999 Ext. 107

dmatz@tippecanoe.in.gov

I N D I A N A W I C

Supplemental Nutrition Food Program for
Women, Infants, and Children
(An Equal Opportunity Provider)

**BUILDING
BRIDGES
FOR BREASTFEEDING
DURATION**



**CONNECTING
BRIDGES
TO BREASTFEEDING
SUCCESS**

Initiative of The Indiana WIC Program

This 3½ hour training program is paid for by a special grant and there is no charge for attendance. Best practices for working with breastfeeding mothers is an Indiana priority. Learn, as we work together, to meet Breastfeeding Objectives.

Program Topics

- Define evidence based practice
- Identify six steps to assist the dyad
- Three methods to a correct latch
- Cause and correction for sore nipples
- Addressing supplementation
- Feeding behavior of the late preterm
- Four methods of support from WIC

Attendance is appropriate for all hospital personnel who support mothers in the postpartum period. Community partners are encouraged to attend as well as physicians, nurses, social workers, and others who work with mothers and infants.

Building Bridges Provides Education and Networking Opportunities

Evidence Based Practice in Breastfeeding

Discharging Mothers Confident
in Breastfeeding

Building Bridges with WIC
& Community Partners



I N D I A N A W I C

June 10, 2010

Golay Community Center

Cambridge City, IN

Morning Session

8:00-11:30

Repeated Afternoon Session

1:00-4:30

3.75 L-Cerps available

Presented By

Jan Barger, RN, MA, IBCLC, Wheaton IL

Jan has worked in maternal child health since 1972 and is an IBCLC in private practice and with Wheaton Pediatrics in the Chicago area. Jan has served on the IBCLC board and exam committee and was the 1990-92 International Lactation Consultant Association (ILCA) President. She is the coauthor of Blueprints for Public Health Professionals.

Carole Peterson, MS, IBCLC, Fort Wayne IN

Carole was a lactation consultant for a WIC Clinic and chairperson for the Indiana WIC Breastfeeding Committee for 17 years. She is now a WIC Regional Center Coordinator in Indiana. Carole is a trainer for the Indiana WIC Peer Counselor Program, and she is chair of the NWA Breastfeeding Committee. She was an associate instructor in child development at Indiana-Purdue University in Fort Wayne, and she is a co-author of Blueprints for Public Health Professionals.